

## GENERAL OCCUPATIONAL THERAPY ACTIVITIES/IDEAS:

[occupation therapy activities](#)

[LIST OF FINE MOTOR ACTIVITIES FOR HOME](#)

[Growing Hands-On Kids](#)

[Occupational Therapy Activities Grid](#)

## FINE MOTOR AND PLAY ACTIVITIES:

Play-Doh - [Playdough Activities With Maximum Benefit!](#)

Preschool Activities - [No-Prep Game for Preschool Fine Motor Skills | Preschool fine motor skills, Motor skills, Motor activities](#)

[40 Fine Motor Skills Activities](#)

You Tube Video of Fine Motor Activities:

<https://youtu.be/LoP06VWAY2w>

## HANDWRITING:

- Warm-Up:

[Handwriting Warm Up Activities for Kids](#)

- Pencil Grip Resources:

<https://www.ot-mom-learning-activities.com/pencil-grasp.html#PencilGripEBook>

[Pencil Grasp Development Handout for Parents, Educators, and Therapists](#)

- Handwriting Worksheets:

<https://drive.google.com/open?id=1Nym02F-EfKI04JZ8Lu1tQHCpg2wGRAPw>

<https://drive.google.com/open?id=1SWVBRyDJXJTzBbemt30tkwhKlbUdl74a>

<https://drive.google.com/open?id=11MTVfhVH9uwYg6-UqCsAS8d39qHTfQeV>

<https://drive.google.com/open?id=1f6eNxeH3ffqh4XMIbunXEMCZtMYvvrRr>

- You Tube Video for Handwriting:

<https://youtu.be/6R23ukb-qW4>

## SCISSOR SKILLS:

[Basic Cutting Activities - help your child master scissor cutting!](#)

## SENSORY ACTIVITIES:

[Sensory Activities for Children](#)

Video of Fun Sensory and Craft Ideas:

<https://youtu.be/nuYaH12pNFI>

You Tube Sensory Breaks:

<https://youtu.be/lmhi98dHa5w>

<https://youtu.be/bS7H4FbqOYQ>

## IPAD APPS for Fine Motor and Handwriting:

Letter School

Chalk Walk

Dexteria

Ready to Print

My First Yoga

ABC Ninja

## KEYBOARDING PRACTICE:

[www.dancemattypingguide.com](http://www.dancemattypingguide.com)

[www.typing.com](http://www.typing.com)

[www.kidztype.com](http://www.kidztype.com)